



## **Pediatric Airway Expert Asked To Train At Sold Out American Dental Association Children's Airway Event**

Dr. Lauren Ballinger is putting the Berkshires on the Map as the pre-eminent visionary in children's airway health and early orthodontics.

**Pittsfield, MA July 24, 2023** – Dr. Lauren Ballinger, a board-certified pediatric dentist and owner of Good to Grow Airway Pediatric Dentistry in western Massachusetts, is educating dentists from all around the country at the ADA's *Kids Don't Grow Out of It, They Need Your Help—Here's How: An ADA Children's Airway Event*, July 27-29 at ADA Headquarters in Chicago. According to the ADA's website, the event is sold out and interested participants are being wait-listed.

Ballinger's passion for airway pediatric dentistry follows her own struggles to find answers for her children's health challenges, stating, "My son and daughter were misdiagnosed for years. It wasn't until I heard an educator at an event, just like the one I'm about to teach at, that I realized their health issues all stemmed from deficiencies in their oral skeletal structure. To be an academic trainer for the ADA at the *Children's Airway Event* is an absolute honor."

Since Ballinger's watershed moment, she has become a nationally recognized leader and speaker in the field of pediatric dentistry, speaking at industry events about the importance of connecting the dots between oral and systemic health.

Ballinger left her family's practice after 15 years, so she could build an entirely new business model to shift the dental care paradigm from treating symptoms, like crooked teeth, to a preventative model so children can thrive during critical development years. In addition to cleanings and braces, her visionary new practice integrates services less customary in traditional dental offices, such as craniosacral therapy, certified lactation consults, and nutritional and wellness coaching.

"By waiting until crooked teeth happen, the damage is done," says Ballinger. "Patterns of poor hygiene and sleep disordered breathing set in, which can negatively impact behavior and proper development. My goal is to teach how to prevent suffering altogether and put children on the path to lifelong health."

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### **About Good to Grow Airway Pediatric Dentistry**

Good to Grow Airway Pediatric Dentistry delivers services in a way that is different from other dental practices because our focus is on more than just teeth. We connect the dots between oral and systemic health, allowing us to treat preventable ailments that would otherwise affect the child in the long term, such as sleep disordered breathing, chronic infections, tooth decay, anxiety, and behavioral issues. Children who come to us experience increased air flow, improved sleep and immunity, beautiful smiles, straight teeth, and much more. Learn more at [www.goodtogrowdentistry.com](http://www.goodtogrowdentistry.com).

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